



PARKS, RECREATION  
& COMMUNITY SERVICES

# Healthy Parents, Happy Kids



## Get a great workout and let us look after your little ones!

These fitness classes are offered when our Childminding Services are also available.

Class	Tuesday	Thursday
Low Impact	10:15-11:15am	10:15-11:15am
Shallow Waterfit	9-10am	9-10am
Deep Waterfit	10:05-10:50am	10:05-10:50am
<b>Also available for drop-in:</b>		
Weight Room	Pool	Café

## Childminding @ SCP

### Tuesdays

8:45-11:30am

### Thursdays

8:45-11:30am

\$5 per hour

Infants to 10 years

10 hour pass: \$48.25

25 hour pass: \$113.75